

Which leg treatment programme is the correct one for me?

You need to determine whether the appropriate Treatment Programme for you is **TP3 Single Leg**, **TP4 Severe Single Leg**, **TP5 Bilateral Leg** or **TP6 Severe Bilateral Leg**. The difference lies in the amount of one-to-one treatment you need and this depends broadly on the size of your limb(s), together with your height and weight.

Please fill in Table 1 below. When taking the three measurements as described, please ask the person measuring to avoid pulling the tape measure tight and to use centimetres if possible.

Table 1 Data needed to determine appropriate Treatment Programme for patients with leg lymphoedema

Name	Height	
Date	Weight	
	Right Leg	Left Leg
Measurement 1 (above ankle bone)	<input type="text"/>	<input type="text"/>
Measurement 2 (widest part of calf)	<input type="text"/>	<input type="text"/>
Measurement 3 (top of thigh, just under buttock)	<input type="text"/>	<input type="text"/>

Table 2

Measurement 1 (above ankle bone)	40cm
Measurement 2 (widest part of calf)	55cm
Measurement 3 (top of thigh, just under buttock)	80cm

One leg affected

If all three measurements are **smaller** than those on Table 2, on the left, you will need **TP3** and if all are **greater**, **TP4**. If there is a mixture of greater and smaller, see below.

Both legs affected

Where all six measurements are **smaller** than those on Table 2 on the left, you will need **TP5** and if all are **greater**, **TP6**.

If your measurements are a mixture of **greater and smaller** than those in Table 2, or you are otherwise in doubt, please fill in the form, send or fax it to us and we will calculate which category you come into.

Please contact us if your measurements change significantly between booking and the start of clinic.

We reserve the right (subject to staffing constraints) to change your Treatment Programme if the one booked is found to be inappropriate during your assessment at the beginning of clinic.